

PLEASE FOLLOW THE INSTRUCTIONS BELOW:

PRE PROCEDURE INSTRUCTIONS

- DO NOT eat solid foods 3 hours prior to your procedure (liquids only) unless instructed otherwise.
- DO NOT drink anything (including clear liquids) 1 hour prior to your procedure.
- Wash site of injection and IV site with warm soapy water the night before the injection and the morning of injection.

- **STOP TAKING BLOOD THINNING MEDICATIONS AS FOLLOWS:**
 - 7 days prior - Plavix, Ticlid, Aggrenox, Effient
 - 5 days prior - Coumadin, Heparin, Warfarin

- **TAKE ALL OTHER ROUTINE MEDICATIONS (with a sip of water.)**

If you elect to have sedation, You MUST have someone else drive you home. Your procedure will not begin until this person is present. Your driver must wait in our office during your procedure.